

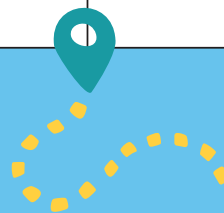
THE MAYOR'S WALK & WHEEL CHALLENGE



Complete the 10-day school challenge and be a part of South Yorkshire's Year of Active Travel!



| | | | | |
|---|---|---|---|----|
| 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 |



Make Mondays magical

Talk about it Tuesdays

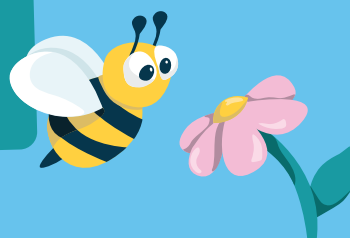
Wildlife Wednesdays

Think Thursdays

Funky feet Fridays



To find out more, visit:
[southyorkshire-ca.gov.uk/
walkandwheelchallenge](https://southyorkshire-ca.gov.uk/walkandwheelchallenge)



THE MAYOR'S
**WALK &
WHEEL**
CHALLENGE

MAKE MONDAYS MAGiCAL



Work together with your classmates to craft a magic spell encouraging others to leave the car behind and travel actively!

Bring in a magical accessory, you could even be creative and make something!



What will you say for your spell?

A large white rectangular box with a thin black border, intended for writing a magic spell.

THE MAYOR'S
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CHALLENGE

TALK ABOUT IT TUESDAY

Hold a class debate, and discuss the pros and cons of Active Travel!

Do you think Active Travel will benefit anyone or anything in South Yorkshire?

PROS (+)



CONS (-)



Do you like using Active Travel to go to school?



THE MAYOR'S
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CHALLENGE

WILDLIFE WEDNESDAY



Why not dedicate the Wednesdays during the challenge to spotting your the wildlife local to South Yorkshire!

| | |
|--|--|
| WHAT WILDLIFE DID YOU SEE? | |
| WHAT BUGS AND INSECTS DID YOU SEE? | |
| BE CREATIVE AND DRAW YOUR FAVOURITE WILDLIFE FINDS! | |



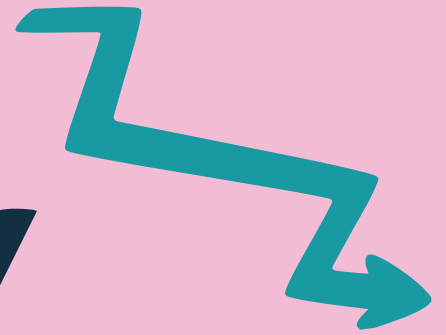
Keep an ear out for
beautiful birdsong!

Make notes on your walk to school!



THE MAYOR'S
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CHALLENGE

THiNK THURSDAY



Discover the importance of safe travel and learn the Safer Journeys anthem!

Sing the song

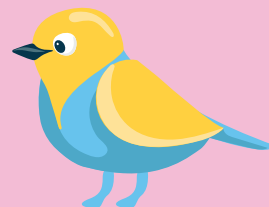


Do the actions

Share your clips on social media



Stop, look, listen, think



Visit: think.gov.uk/resource/safer-journeys-anthem

THiNK



THE MAYOR'S
WALK & WHEEL
CHALLENGE

FUNKY FEET FRIDAY

Why not celebrate Fridays during The Mayor's Walking and Wheel Challenge with some seriously funky feet?



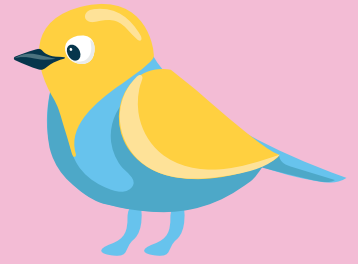
Will you wear snazzy socks or some trendy trainers?

Share your fun with #FunkyFeetFriday



THE MAYOR'S
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CHALLENGE

MUSICAL MORNINGS



Start each day of the challenge with an Active Travel song!
Here are a few song suggestions!



Bicycle Race
– Queen

Walking on Sunshine
– Katrina and the Waves

These Boots Are Made for Walkin' – Nancy Sinatra



Walk on the Wild Side – Lou Reed



I'm Gonna Be (500 Miles)
– The Proclaimers

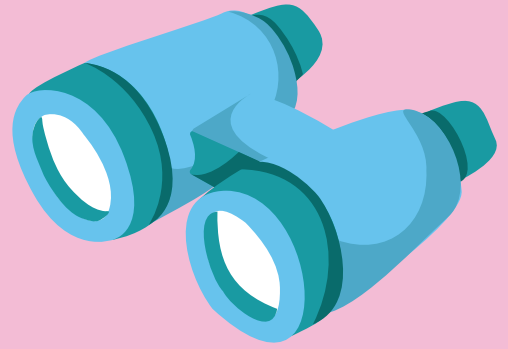


Can you think of any
more Active Travel songs?






THE MAYOR'S
WALK & WHEEL
CHALLENGE

WALK TO SCHOOL I SPY



On your walk to school, how many things can you spot? Move through the alphabet and see how many boxes you can fill in!

| | | | |
|---|---|---|---|
| A | B | C | D |
| E | F  | G | H |
| I | J | K | L  |
| M | N | O | P |
| Q | R | S | T |
| U  | V | W  | X |
| Y | Z | | |



THE MAYOR'S
**WALK &
WHEEL**
CHALLENGE

SUMMER BLING

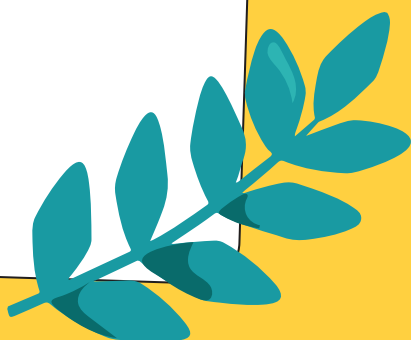


To celebrate summer, take inspiration from nature and bling your scooter or bike with flowers and wildlife!

Can you draw how you would like to decorate your scooter or bike?



Keep an eye out for inspiration on your walk to school!



THE MAYOR'S
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CHALLENGE

WALKING BUBBLES



Walking, cycling or scooting to school are the most accessible ways to reduce congestion and pollution, while also improving the mental and physical wellbeing of pupils. Walking Bubbles encourage families that have to travel by car to park at least 5-minutes away from school.



To create your **#StaySafeGetActive** Walking Bubble, register here:
modeshiftstars.org/staysafegetactive

*NB: Access to Modeshift STARS Education and the Walking Bubble map is free for all schools in South Yorkshire, but you must be registered on the system in order to generate a map. To register please select the 'Contact/Register' tab at the top of the page provided.



THE MAYOR'S
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CHALLENGE

BRAKE'S KIDS WALK 2024



Take part in Brake's Kids Walk 2024 on 19 June!

It's a great way to engage them in local road safety issues, promote the benefits of walking and wheeling, and raise awareness amongst the wider community about the need to have safe roads.



Join 100,000 other school children taking part across the country.

Sign up for free and get an action pack of teaching resources at:
brake.org.uk/get-involved/-for-professionals/teachers-and-youth-workers/brake-s-kids-walk



THE MAYOR'S
WALK & WHEEL
CHALLENGE

NATIONAL CLEAN AIR DAY



To celebrate National Clean Air Day, 20 June 2024, and learn about your school's air quality, head to Schools' Air quality Monitoring for Health and Education (SAMHE).

By signing up with SAHME, you can:

Get a free air
quality monitor

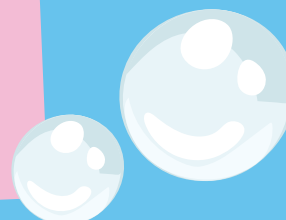
Help scientists learn how to
make schools healthier places



View data on air quality in your classroom
using SAHME's specially designed Web App



Access curriculum linked resources
and example experiments



Visit: samhe.org.uk

*NB: You need to register your school for a monitor by 31 May 2024.



THE MAYOR'S
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CHALLENGE

NATIONAL TAKE A SELFIE DAY

To celebrate National Take a Selfie Day, take a picture of you walking, wheeling or cycling!

Post it on social media and tag:
@SouthYorksMCA



THE MAYOR'S
**WALK &
WHEEL**
CHALLENGE

NATIONAL BiNGO DAY



Cross off the Active Travel words when they are called out!
Once you complete a row, shout BINGO!

| | | | |
|--|--|--|--|
| | | | |
| | | | |
| | | | |
| | | | |



BiNGO!



THE MAYOR'S
**WALK &
WHEEL**
CHALLENGE

THE MAYOR'S WALK & WHEEL CHALLENGE

17 – 28 June 2024



1 Magical Monday

2 Talk about it
Tuesday

3 Wildlife
Wednesday

4 Think Thursday

5 Funky Feet
Friday

- Musical mornings – each day

- I spy – any day

- Bling your scooter or bike – any day

- Walking Bubbles – any day

19 June

Brake's Kids Walk

20 June

National Clean
Air Day

21 June

National Take a
Selfie Day

27 June

National Bingo Day

To find out more, visit:
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walkandwheelchallenge](https://southyorkshire-ca.gov.uk/walkandwheelchallenge)



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